15 - 16 SEPTEMBER 2018

## **QUALIFYING TIMES**



Qualifying Period: Times must have been achieved between 16 September 2017 & 3 September 2018.

MALE	OPEN		FEMALE	OPEN
Freestyle				
50m	26.30		50m	29.50
100m	56.10		100m	1:03.40
200m	2:04.10		200m	2:17.50
400m	4:12.80		400m	4:34.20
800m	8:53.90		800m	9:28.80
1500m	16:47.80		1500m	18:16.70
Backstroke				
50m	31.00	-	50m	35.00
100m	1:04.30		100m	1:12.00
200m	2:19.60		<b>200</b> m	2:35.30
Breaststroke				
50m	34.50		50m	39.30
100m	1:12.60		100m	1:20.20
200m	2:38.50		<b>200</b> m	2:51.80
Butterfly				
50m	29.40		<b>50</b> m	33.20
100m	1:04.00		100m	1:12.00
200m	2:22.20		200m	2:37.70
Individual Medley				
100m	1:05.70		100m	1:14.00
200m	2:21.00		<b>200</b> m	2:37.00
400m	4:47.30		400m	5:16.50
Relays				
4 x 100m Freestyle	4:01.50		4 x 100m Freestyle	4:26.80
4 x 100m Medley	4:26.80		4 x 100m Medley	5:04.80
Mixed 4 x 50m Freestyle			2:02.50	
Mixed 4 x 50m Medley			2:13.00	